

The Complete Music Practice Record Book:

A Six-Month Log and Journal for Dedicated Students

Date: __/__/__ Total Focused Practice Time: _____ Mood(s): _____ Init: _____

If little, no, or poor quality practice...Why? _____

Meditation, Breathing, Phys. Exercise, etc.: _____

Sight Reading: _____

Scales, Arpeggios, etc.: _____

Technical Exercises, Etudes, etc.: _____

Listening, Ear Training, etc.: _____

Theory, Composition, Improvisation, etc.: _____

Piece in Progress (A): _____

Piece in Progress (B): _____

Piece in Progress (C): _____

Piece in Progress (D): _____

Old Repertoire, Other, Misc.: _____

Performance / Rehearsal / Recordings: _____

Goals Achieved? Why (Not)? _____

Notes / Issues to Discuss with Teacher: _____

MONTHLY SELF-ASSESSMENT

Quantity/Quality of Practice for the Month: _____

Prepared for Next Lesson/Recital/Exam? Why (Not)? _____

Most Important Issues to Discuss with Teacher: _____

Monthly Goals Achieved? Why (Not)? _____

Music Goals and Practice Plan for Next Month: _____

Pieces in Progress I'll "Never" Master, and Why: _____

Pieces That Are Becoming Easier: _____

The Most Advanced Pieces in My Repertoire: _____

Pieces I'd Like to Learn (in Order of Level): _____

Overall Feelings About Instrument/Music/Progress: _____

Please Visit the Author's Website at www.LarryZafran.com